







Embracing Prevention, Empowering Communities



OCTOBER 2-3
COLUMBIA METROPOLITAN CONVENTION CENTER







As South Carolina's leader in the prevention of child abuse, neglect and injuries, Children's Trust welcomes attendees to its biennial Prevention Conference. This two-day event is designed to provide child-serving professionals with enriching information, relevant discussions and networking opportunities to enhance their lives, both professionally and personally.

Social Media/Photo Booth

Share your Prevention Conference experiences on social media. Stop by our photo booth and post your photos on Facebook, Twitter and Instagram. Please use the hashtag **#Good4SCkids**.

Learning Tracks

ACE Leaders	Knowledge and Skill Building
Enhancing Your Well-Being	Protective Factors
Fatherhood Engagement	Race Equity and Inclusion
Home Visiting	

Keynote Speakers



Dan Siegel, M.D. Clinical Professor of Psychiatry UCLA SCHOOL OF MEDICINE



Charlyn Harper Browne, Ph.D.
Senior Associate
CENTER FOR THE STUDY OF SOCIAL
POLICY



Donna Jackson Nakazawa Science Journalist and Researcher DONNAJACKSONNAKAZAWA.COM



Ashley Rhodes-Courter, MSW Author and Speaker RHODES-COURTER.COM

Featured Speakers



Dominique Vedrine Chuku, Ph.D., LMFT Group Facilitator SPEAKING DOWN BARRIERS



Marlanda Dekine, MSW Founder and Executive Director SPEAKING DOWN BARRIERS



Sylvia Metzger, MS, MPH, MSN Clinical Instructor and Home Visitor UNIVERSITY OF COLORADO, COLORADO SPRINGS



Naomi Haines Griffith, MA, MSW Author and Speaker RED CLAY AND VINEGAR



Scott Neely, M.Div. Chief Strategist SPEAKING DOWN BARRIERS



Chris Soderquist
Founder
PONTIFEX CONSULTING



Craig Weber, MA
Founder
THE WEBER CONSULTING
GROUP

PREVENTION CONFERENCE 2017

Monday, Oct. 2

8 to 8:45 a.m.

EXHIBIT HALL

REGISTRATION AND BREAKFAST

8:45 to 9 a.m.

EXHIBIT HALL

WELCOME

Sue Williams, CEO

Children's Trust of South Carolina

9 to 10:30 a.m.

EXHIBIT HALL

KEYNOTE ADDRESS

Interpersonal Neurobiology and Practices That Cultivate Connection and Well-Being

Dan Siegel, M.D.

Take Notes on Page 16

10:30 to 10:45 a.m.

BREAK

10:45 a.m. to Noon

SESSION 1

Noon to 1:30 p.m.

EXHIBIT HALL

LUNCH AND KEYNOTE ADDRESS

Cultural Humility and the Protective Factors

Charlyn Harper Browne, Ph.D.

Take Notes on Page 18

1:30 to 1:45 p.m.

BREAK

1:45 to 3 p.m.

SESSION 2

3 to 3:15 p.m.

BREAK

3:15 to 4:30 p.m.

SESSION 3

4:30 to 6 p.m.

NETWORKING RECEPTION

Book signing, light refreshments and exhibitors

Tuesday, Oct. 3

8 to 8:45 a.m.

EXHIBIT HALL

BREAKFAST AND NETWORKING

8:45 to 9 a.m.

EXHIBIT HALL

WELCOME AND WARM-UP ACTIVITY

Speaking Down Barriers

9 to 10:30 a.m.

FXHIBIT HALL

KEYNOTE ADDRESS

How Children's Biography Becomes Their Biology – and How We Can Ensure Their Resiliency

Donna Jackson Nakazawa

Take Notes on Page 21

10:30 to 10:45 a.m.

BREAK

11 a.m. to 12:15 p.m.

SESSION 4

12:15 to 1:45 p.m.

EXHIBIT HALL

LUNCH AND KEYNOTE ADDRESS

Three Little Words

Ashley Rhodes-Courter

Take Notes on Page 23

1:45 to 2 p.m.

BREAK

2 to 3:15 p.m.

SESSION 5

PREVENTION CONFERENCE 2017

KNOWLEDGE AND SKILL BUILDING

Relationships Are Biological: Mindsight and the Role of Parents in the Development of the Child's Brain

Dan Siegel, M.D.

UCLA School of Medicine

COLUMBIA BALLROOM A

This workshop will explore the science and art of raising children and how interactions that caregivers have with children shape brain architecture.

KNOWLEDGE AND SKILL BUILDING

Child Sex Trafficking: Preventing a Violation of Health, Safety and Human Rights

Kathryn Moorehead, Ed.M.

Office of the South Carolina Attorney General

COLUMBIA BALLROOM C

This presentation provides useful information to help human service professionals reduce the risk of child sex trafficking through prevention education and community awareness. Participants will learn to identify potential minor victims and become more engaged in the establishment of specialized support services.

RACE EQUITY AND INCLUSION

Roadmap to Successfully Reaching Hispanic/Latino Communities

Lillian Garcia, MSML

Children's Trust of South Carolina

LEXINGTON B

This session will discuss the demographics of the Hispanic/ Latino population, explore the cultural characteristics of Hispanic/Latino interpersonal relationships, examine indicators of cultural assimilation, define cultural competence, and identify best practices for Hispanic/Latino community outreach.

KNOWLEDGE AND SKILL BUILDING

How We Best Support LGBTQI Youth in Our Communities

Alex Karydi, Ph.D.

S.C. Department of Mental Health

RICHLAND A

Participants will identify strategies to support LGBTQI youth that promote resilience and coping while learning how minority stress is caused by severe harassment in school and rejection from family, which affects health, well-being, relationships and ability to function.

PROTECTIVE FACTORS

Protective Factors for Prevention

Heather Hicks, M.Ed.

Child Care Resource & Referral Centers, Tennessee

LEXINGTON A

Protective factors are conditions in families and communities that help families thrive and reduce the incidence of child abuse and neglect. Learn about the five protective factors and the framework behind them. This framework uses a strength-based approach to help providers support children, families and communities.

HOME VISITING

Developing a Healthy and Effective Home Visiting Relationship

Nicole Daughhetee, M.Ed.

Behavioral Health Services of Pickens County

HALL OF FAME

This workshop will help professionals avoid getting bogged down by deadlines and paperwork, as they learn to identify basic foundations of building healthy and effective relationships with the families they serve. Participants also will discuss a variety of creative strategies they can implement to further deepen the bonds with their families.

ACE LEADERS

Looking at the Big Picture for Prevention

Chris Soderquist

Pontifex Consulting

COLUMBIA BALLROOM B

Participants will learn the difference between high and low leverage solutions and why so many approaches to solving problems are low leverage. Understand the guiding principles that can be used to increase the ability to find high leverage solutions, and apply a series of questions and tools to lift the quality of thinking about an issue in many situations, such as evaluating reports, providing coaching and devising strategies.

KNOWLEDGE AND SKILL BUILDING

ASK About Suicide to Save a Life

Taylor Davis, Ed.S.

S.C. Department of Mental Health

RICHLAND C

Participants will understand basic epidemiology of suicide and suicidal behavior, including risk and protective factors. Learn warning signs and characteristics that might indicate elevated risk for suicidal behavior – and how to intervene or gather more information about a person's risk and take action consistent with that risk.

FATHERHOOD ENGAGEMENT

The Struggle Is Real: The Life of Young Fathers

Marc Himes, MSW

South Carolina Center for Fathers and Families

RICHLAND B

There is limited awareness of the challenges young fathers face and how they influence the lives of their children. This workshop helps participants identify common barriers for fathers and offers strategies to assist them as they get involved in parenting so their children can thrive.

PREVENTION CONFERENCE 2017

KNOWLEDGE AND SKILL BUILDING

When Trauma Shakes the Genes and Love Repairs

Sylvia Metzger, MS, MPH, MSN University of Colorado, Colorado Springs

COLUMBIA BALLROOM A

The rapidly-evolving field of epigenetics provides fascinating insight into the impact of early-life stressors on gene expression. The lack of epigenetic nurturing of the mother — prior, during, and after pregnancy — disrupts the optimal neurodevelopment of the baby, which affects health outcomes later in life. How we care for and support our pregnant clients impacts the mental health and well-being of the next generation.

Cultivating a Mindset of Resiliency

Bryan Fox, Ph.D.

Palmetto Health Adolescent Recovery Center

ENHANCING YOUR WELL-BEING

LEXINGTON A

Caring for children and families is a noble calling, one that reflects a deep well of compassion and a drive to make a positive impact. But that commitment can lead to compassion fatigue and tax the reserves of any childserving professional. Learn the simple, evidence-based strategies that can be used to build your resiliency and allow you to be more effective in virtually every area of your personal and professional life.

RACE EQUITY AND INCLUSION

Race Equity Assessment of Health Policy: Implementation Guide Development

Shannon Palm, MSW, MPH

Office of the South Carolina Attorney General

LEXINGTON B

Attendees will learn how to move toward racial equity in a policy context after being given an overview of how policy impacts equity by race. The workshop will cover the etiology of racial equity impact assessments (REIA), how they are currently used in other states, and how the tool will be tested for utility in South Carolina.

HOME VISITING

Understanding the Intersectionality of Intimate Partner Violence, Part 1

Valerie Ekue, Ed.D., and Olivia London, MPH

South Carolina Coalition Against Domestic Violence and Sexual Assault

RICHLAND A

Gain a better understanding of intimate partner violence, the types of systemic barriers preventing self-reporting, and the importance of prevention and early intervention. This information allows service providers to incorporate prevention philosophies in their work and reduce the potential for retraumatizing survivors.

KNOWLEDGE AND SKILL BUILDING

Invisible Scars: The Emotional Maltreatment of Children, Part 1

Naomi Haines Griffith, MA, MSW, and Janet Zigler, J.D. Red Clay and Vinegar

COLUMBIA BALLROOM C

The results of a nationwide project on emotional abuse are included in this presentation. These results include definitions of emotional, verbal and mental abuse that have not been previously available and explained. The session also looks at emotional abuse as a serious factor for at-risk children.

FATHERHOOD ENGAGEMENT

The Fatherless Effect

Richard Barr, MA

South Carolina Center for Fathers and Families

RICHLAND B

This workshop will show the overwhelming effects of fatherlessness in today's society and what needs to be done to address it in a meaningful way. Participants will gain a greater understanding of the need for services for fathers and how they benefit children and families.

ACE LEADERS

Talking About the Hard Stuff: Building Conversational Capacity

Craig Weber, MA

The Weber Consulting Group

COLUMBIA BALLROOM B

This session will help participants build healthier, more adaptive teams and working relationships. These highly-practical ideas have been tested and refined in a host of tough organizational settings, and they work. Learn how to develop the ability to help departments, projects or organizations work under pressure by fostering rigorous teamwork characterized by less strife and more collaboration, less rigidity and more dexterity, and less frustration and more fun.

ENHANCING YOUR WELL-BEING

Mental Health First Aid

Lauren Hultstrand and Melissa Watson, MPH, MSW SC Thrive

HALL OF FAME

Learn how to assist someone experiencing a mental health or substance use-related crisis by applying an action plan in a variety of situations. The session covers risk factors and warning signs for mental health and addiction concerns, strategies for how to help someone in both crisis and noncrisis situations, and where to turn for help.

PROTECTIVE FACTORS

Protective Factors and Disability: Helping the Helper Assist Families in Need

Amy Moseley, MA

Children's Trust of South Carolina

Lorraine Cragan-Sullivan, LMSW, MA, NCC Help Me Grow South Carolina

RICHLAND C

Providers will learn about the barriers that families of individuals with disabilities face in accessing resources, forming social connections and accessing concrete supports. Gain a working knowledge of the protective factors that help providers better serve these families. This workshop includes an engaging panel discussion.

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9

KNOWLEDGE AND SKILL BUILDING

Parenting from the Inside-Out

Dan Siegel, M.D.

UCLA School of Medicine

COLUMBIA BALLROOM A

This session examines how families can use information on attunement to inform an effective approach to parenting that promotes secure attachment. Attunement is essentially how individuals make sense of their lives and reflects an integrating process in the brain.

HOME VISITING

Understanding the Intersectionality of Intimate Partner Violence, Part 2

Valerie Ekue, Ed.D., and Olivia London, MPH

South Carolina Coalition Against Domestic Violence and Sexual Assault

RICHLAND A

Get a better understanding of intimate partner violence, the types of systemic barriers preventing self-reporting, and the importance of prevention and early intervention. This information allows service providers to incorporate prevention philosophies in their work and reduce the potential of retraumatizing survivors.

KNOWLEDGE AND SKILL BUILDING

Invisible Scars: The Emotional Maltreatment of Children, Part 2

Naomi Haines Griffith, MA, MSW, and Janet Zigler, J.D. Red Clay and Vinegar

COLUMBIA BALLROOM C

This training will examine the definitions of child emotional maltreatment, behaviors that constitute abuse or neglect, and consider how those who work with children can respond to prevent or diminish this generally-ignored form of abuse

KNOWLEDGE AND SKILL BUILDING

Creating a Soft Place to Land: Supporting Families of the Opioid Epidemic

Mindi Spencer, Ph.D.

University of South Carolina, Arnold School of Public Health

Stefanie Anne Oka. AAS

COLUMBIA BALLROOM B

The devastating effects of opioid addiction extend far beyond the addict, as families become secondary victims of the disease. Participants will better understand the complex ways the epidemic has affected the well-being of children and families in the United States, with a particular focus on the development of strategies to reduce the negative consequences of opioid addiction.

ACE LEADERS

Resilience Documentary

Melissa Strompolis, Ph.D. Children's Trust of South Carolina

HALL OF FAME

Join a showing of the film, "Resilience: The Biology of Stress and the Science of Hope," by Karen Pritzker and James Redford. This movie screening and group discussion will assist professionals with developing knowledge on prevention and day-to-day actions to build resilience in children and families.

FATHERHOOD ENGAGEMENT

Healthy Fathers, Healthy Families

Marc Himes, MSW

South Carolina Center for Fathers and Families

RICHLAND B

This workshop will expose participants to services and programs specifically designed to help fathers. Attendees will learn how fathers contribute to the overall health of families and children.

PROTECTIVE FACTORS

Meaningful and Effective Parent Partnerships: The Path to Readiness

Carolyn Abdullah, MS

FRIENDS National Center for Community-Based Child Abuse Prevention

Sam Bowman Fuhrmann

FRIENDS Parent Advisory Council

LEXINGTON B

Receive practical guidance on assessing organizational readiness for engaging and supporting parent leaders as well as creating effective parent/practitioner partnerships of shared responsibility for the design, implementation and evaluation of family strengthening and child abuse prevention programs.

HOME VISITING

Bringing Hope to the Home: The Importance of Home Visiting to Prevent ACEs

Phillip Clark

Greenville Family Partnership

Amber Schrenkel, MSW

Children's Trust of South Carolina

RICHLAND C

Attendees will gain an understanding of the science behind adverse childhood experiences, which can inform their work and positively impact the families of young children receiving services through evidence-based home visiting models.

RACE EQUITY AND INCLUSION

Inclusion: The Critical Dance of Racial Equity

Katrina Spigner, Ed.D.

Re-Source Solutions

LEXINGTON A

With America proudly touting its identity as the "melting pot" of multitudes of people with differences in race, ethnicity, age and gender, one might ask how is it that we still face such great inequities in the 21st century. With this critical question as the backdrop, participants in this session will explore the power of inclusion in catalyzing equitable practices.

PREVENTION CONFERENCE 2017

11

RACE EQUITY AND INCLUSION

Transforming Our Stories of Race

Dominique Chuku, Ph.D., and Scott Neely, M.Div. Speaking Down Barriers

LEXINGTON A

After inheriting a legacy of violent exclusion, domination and oppression, today we must navigate the symptoms of this inheritance that affect where we live and how we work. In serving children and families, it is important that we build deep community bonds of healing and justice. Through guided facilitation and deep listening, participants will consider how their stories of race impact their work in the world.

PROTECTIVE FACTORS

Connecting Families to Resources in Their Communities

Andi Garcia and Margo Johnson, LMSW Aunt Bertha

RICHLAND B

Participants will leave with an understanding of free tools and processes they can use to help people find and connect to needed resources. They also will receive training on teaching others how to use the tools in order to become empowered enough to self-navigate.

KNOWLEDGE AND SKILL BUILDING

Intervention to Prevention: How We Expanded Work to Prevent Teen Pregnancy

Dana Powell, M.Ed., and Andrea Heyward, MHS, MCHES S.C. Campaign to Prevent Teen Pregnancy

Darnell McPherson, LBSW, and Brenda Ayers, M.Ed. Darlington County First Steps

RICHLAND C

This workshop will help individuals and organizations identify key strategies to implement community-wide approaches to address social and public health issues using the Community Support for Young Parents program in Darlington County as a model of great progress.

ENHANCING YOUR WELL-BEING

Let's Get UnBusy

Nancy Seibel, M.Ed Keys to Change

HALL OF FAME

This session outlines the demanding and emotionally stressful work of human-service professionals, whose empathetic exposure to the serious difficulties of others can lead to risk for decreased well-being and burnout. Learn how this decline in functioning and quality of work can be costly for nonprofits in terms of meeting program objectives.

ACFIFADERS

Stat Chat: Using Data as a Non-Data User

Aditi Srivastav Bussells, MPH Children's Trust of South Carolina

LEXINGTON B

Learn about the impact of adverse childhood experiences (ACEs) in South Carolina, and how data can be used in community-based efforts. By identifying trends and associations of ACEs with long-term health and social outcomes and gaining familiarity with ACE data collection, participants will understand how to use data to communicate about prevention, program and policy efforts.

HOME VISITING

Positive Discipline: Encouraging Self-Control

Naomi Haines Griffith, MA, MSW Red Clay and Vinegar

RICHLAND A

Discipline is a teaching model, rather than a punishment model, where parents use their roles in the family to encourage the development of emotionally healthy children. A major component of emotional health is the presence of an inner voice, or what is referred to as self-control, and this positive discipline model promotes a healthier child-parent relationship.

KNOWLEDGE AND SKILL BUILDING

Promoting Adolescent Mental Health Through the Use of Mindfulness and Positive Psychology

Laura Truesdale, LISW-CP, and Susan Yelverton, LMSW Palmetto Health Adolescent Recovery Center

CONGAREE

This workshop will share mindfulness and positive psychology strategies that promote adolescent mental health wellness and include interactive exercises that can be applied to work with teenagers in a variety of settings. The presenters also will share direct feedback from their work with teens and how these techniques impact the teens' psychological flexibility.

KNOWLEDGE BUILDING

Discovering Resilience and Hope in Life's Journey

Rev. Ken Nelson

South Carolina Conference of the United Methodist Church

RICHLAND B

Rev. Ken Nelson will share his story of childhood trauma and his journey through foster care, higher education, and ultimately into a place of statewide leadership and influence in the faith-based community. Rev. Nelson is an inspirational and moving speaker whose life lessons connect powerfully to resilience, relationships and hope.

PROTECTIVE FACTORS

Strategies for Building Protective Factors with Community Stakeholders

Charlyn Harper Browne, Ph.D.

Center for the Study of Social Policy

Carolyn Abdullah. MS

FRIENDS National Center for Community-Based Child Abuse Prevention

RICHLAND C

The various components of the five Strengthening Families protective factors will be discussed as a prelude to a description of the role of service providers and communities in addressing the protective factors. Recommendations will be offered about what questions to ask families and which activities to engage in with them related to each protective factor.

RACE EQUITY AND INCLUSION

Transforming Our Stories of Race

Dominique Chuku, Ph.D, and Scott Neely, M.Div.Speaking Down Barriers

LEXINGTON A

After inheriting a legacy of violent exclusion, domination and oppression, today we must navigate the symptoms of this inheritance that affect where we live and how we work. In serving children and families, it is important that we build deep community bonds of healing and justice. Through guided facilitation and deep listening, participants will consider how their stories of race impact their work in the world.

HOME VISITING

Understanding the Spectrum of Prenatal Alcohol Exposure

Chervl Wissick. Ph. D.

University of South Carolina, College of Education

Kristina Rife, RN (ret.)

RICHLAND A

Discover the misconceptions and truths about alcohol use during pregnancy and children born with prenatal alcohol exposure. Early identification and intervention is essential, along with learning how to reduce secondary issues for affected children with learning disabilities, emotional behaviors and mental health issues.

ACE LEADERS

Smarter, Faster, Together: Collaborative Learning

Chris Soderquist

Pontifex Consulting

LEXINGTON B

This session will inform participants on how to identify situations where a collaborative learning approach is required to gain traction on an issue, ensuring that everyone is working on issues in ways that are smarter, faster and together. Learn tools that improve the quality of conversations, resulting in major shifts in thinking, and describe the attributes of leadership around complex social and health issues.

KNOWLEDGE AND SKILL BUILDING

Understanding, Identifying and Addressing Food Insecurity

Carrie Draper, MSW

University of South Carolina, Arnold School of Public Health

CONGAREE

Attendees will understand the causes of food insecurity and learn about screening tools for identifying food insecurity with training on how to administer the tools. Also included is a primer on resources available at the community and state levels that are aimed at addressing food insecurity.

ENHANCING YOUR WELL-BEING

Supporting Those Who Support Kids in Need

Donna Jackson Nakazawa

donnajacksonnakazawa.com

HALL OF FAME

Using many modalities, caregivers will discover how their own ACE histories may be affecting their work and wellbeing. In this workshop, they will uncover their own unique paths to resiliency and gain more awareness so they can thrive along with the families they serve.

Oct. 2 - Keynote Address Notes

Interpersonal Neurobiology and Practices That Cultivate Connection and Well-Being Dan Siegel, M.D.				
Takeaways				
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Oct. 2 - Session 1 Notes

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Oct. 2 - Keynote Address Notes Cultural Humility and the Protective Factors Charlyn Harper Browne, Ph.D. **Takeaways** 2 3

Oct. 2 - Session 2 Notes

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Oct. 2 - Session 3 Notes

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Oct. 3 - Keynote Address Notes

How Children's Biography Becomes Their Biology – and How We Can Ensure Their Resiliency Donna Jackson Nakazawa **Takeaways** 2 3

Oct. 3 - Session 4 Notes

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Oct. 3 - Keynote Address Notes Three Little Words **Ashley Rhodes-Courter Takeaways** 2

PREVENTION CONFERENCE 2017 23

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Oct. 3 - Session 5 Notes

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Continuing Educations Units/Evaluations

Following the conference, attendees will receive an email evaluation, which must be completed in order to receive a certificate of attendance for continuing education units (CEUs) that can be applied to social work (SW), licensed professional counselors (LPC), and the American Nurses Association (ANA).

Nursing

Mid-Carolina AHEC, Inc. is an approved provider of continuing nursing education by the South Carolina Nurse Association, an accredited approver with distinction, by the American Nurses Credentialing Center's Commission on Accreditation. This nursing continuing education activity approval #1510-040-PR-242 has been approved for 12.25 hours.

AHEC

This program is approved for 1.2 CEU's (12.25 clock hours) of continuing education by Mid-Carolina AHEC, Inc. and meets the S.C. AHEC Best Practices Standards. Participants must attend 90 percent of the program in order to receive a certificate of attendance. No partial credit will be given.

Social Workers

This program has been approved by the S.C. Board of Social Work Examiners for 6.25 clock hours of (Social Work) and 6.00 hours of (Non Social Work) continuing education.

Counselors and Therapists

This program has been pre-approved for 12.25 hours of continuing education by S.C. AHEC under its accreditation by the S.C. Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists.

Prevention Professionals

This program is approved for 12.25 hours of continuing education credit for professionals holding certification by the S.C. Association of Prevention Professionals and Advocates (SCAPPA).



Sponsors

Children's Trust thanks its donors for their support in preventing child abuse, neglect and injuries for South Carolina children.



The BlueCross BlueShield of South Carolina Foundation is an independent licensee of the Blue Cross and Blue Shield Association.

Funding for the ACE Initiative is provided by the BlueCross BlueShield of SC Foundation, an independent licensee of the Blue Cross Blue Shield Association.



DSS Supports the Children's Trust Prevention Conference to provide quality training for it's staff and other prevention professionals in South Carolina.



Your Extended Family.



Don't forget to share your experience and photos socially.

#Good4SCkids

FACEBOOK: @ChildrensTrustSC

TWITTER: @ChildrensTrustS

INSTAGRAM: @ChildrensTrustSC



scChildren.org/Prevention2017

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