# **ACE Interface Master Training**



## **Understanding Adverse Childhood Experiences**

The ACE Study confirms, with scientific evidence that adversity during development increases the risk of physical, mental and behavioral problems later in life. The ACE Study and other research using the Study's framework have taught us that ACEs are the leading cause of health and social problems in our nation – the most powerful determinant of the public's health.

## ACE Interface® Content:

- Neuroscience and Brain Development
- The ACE Study and ACE Impact
- · ACE Prevention: Protective Systems and Resilience



The content is delivered by certified ACE Master Trainers and utilizes a set of standard PowerPoints and optional activities and exercises. Children's is the only organization with an ACE Interface license in South Carolina

#### Train-the-Trainer

South Carolina Department of Education has contracted with Children's Trust to offer training in school districts across the state. Participants in this two-day training must complete two trainings after the initial train-the-trainer to become an official ACE Master Trainer. Participation in this training also connects you to a statewide network of over 200 other trainers to share resources and best practices.

# **Train-the-Trainer Learning Objectives**

As a result of ACE Master Training, trainers will:

- Be able to know and articulate clearly the ACEs research findings and their strengths, weaknesses, and implications.
- Be able to know and articulate clearly basic information about how ACEs impact brain development and function as an adaptive response to environmental circumstances.
- Be able to know and articulate clearly what community resilience is and how the development of community resilience can help reduce ACEs in children.
- 4. Be able to understand the impact that ACEs may have had on their lives and the lives of others.

### **Children's Trust Relationship**

Becoming a master trainer is the first step in a long-term relationship with Children's Trust. As the ACE Interface licensee for the state, we continually work on create and share resources that add to value of our trainers. We convene peer networking sessions to ensure continued learning and growth of our trainers. This is not a one-time training and you never hear from us again – we are committed to supporting your efforts continually and hope you will continue to participate with us in this statewide initiative. Please see trainer MOU attached for more formal language regarding our partnership with trainers.

