WAYS YOUR COMMUNITY CAN SUPPORT PARENTS AND CREATE POSITIVE CHILDHOOD EXPERIENCES

1. Learn who in your community is actively helping families. Connect those who need help. Follow up to make sure people are getting what they need.

2. Encourage caregivers to reach out for help. Knowing when help is needed is an important part of building strong families.

3. Set up a collection for canned goods, diapers, cleaning supplies and other essentials. Donate them to a local food pantry.

4. Hold a weekly stroller walk for young parents. Encourage them to make connections with other parents.

5. Connect families to VITA tax services and encourage them to take advantage of available tax credits so they can keep more of their earned income. Visit SC211.org to schedule an appointment at a nearby site.

6. Promote family-friendly employment policies. Offer parents the flexibility to take children to doctor’s visits, to support distance learning and to recharge their lives.

7. Use your parking lot to hold a community swap event for families to trade books, school supplies or clothes.

8. Plant a pinwheel garden. Explain how pinwheels are the symbol of happy, healthy childhoods that all children should have. Encourage discussions of how you can support children and their families.

scChildren.org