BE A CHAMPION FOR

PROMOTING HEALTHY DEVELOPMENT AND POSITIVE OUTCOMES

1. Let children know what they’re experiencing is normal
2. Be consistent in your responses and your follow-through
3. Make sure kids understand what is safe and unsafe
4. Support them even when they mess up
5. Stay calm when chaos arrives
6. Allow children some freedom to make their own choices
7. Show love in the good times and the tough times
8. Maintain a sense of humor

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